

# Contents

Preface	vi
A note on food composition	viii
List of figures	ix
Dictionary	1
Appendix:	523
Table 1 Units of physical quantities and multiples and submultiples of units	525
Table 2 Labelling reference values for foods	526
Table 3 US/Canadian recommended dietary allowances and acceptable intakes, 1997–2001	527
Table 4 EU population reference intakes of nutrients, 1993	528
Table 5 UK reference nutrient intakes, 1991	529
Table 6 Recommended nutrient intakes for vitamins, FAO 2001	530
Table 7 Food additives permitted in the EU	531
Table 8 Fatty acid nomenclature	539