

Contents

PART 1. FOREWORD	1
PART 2. REFERENCES AND DESIGN MANUALS	5
2.01 References and Design Manuals	6
2.02 Building Codes	11
PART 3. DEFINITIONS	13
3.01 General	14
3.02 Systems	20
3.03 Contract Documents	23
3.04 Contractors/Manufacturers/Authorities	26
PART 4. PROFESSIONAL SOCIETIES AND TRADE ORGANIZATIONS	29
PART 5. EQUATIONS	35
5.01 Cooling and Heating Equations	36
5.02 R-Values/U-Values	36
5.03 Water System Equations	37
5.04 Air Change Rate Equations	37
5.05 Mixed Air Temperature	37
5.06 Ductwork Equations	37
5.07 Fan Laws	38
5.08 Pump Laws	38
5.09 Pump Net Positive Suction Head (NPSH) Calculations	39
5.10 Air Conditioning Condensate	39
5.11 Humidification	40
5.12 Humidifier Sensible Heat Gain	40
5.13 Expansion Tanks	40
5.14 Air Balance Equations	41
5.15 Efficiencies	42
5.16 Cooling Towers and Heat Exchangers	42
5.17 Moisture Condensation on Glass	42
5.18 Electricity	42
5.19 Calculating Heating Loads for Loading Docks	43
5.20 Ventilation of Mechanical Rooms with Refrigeration Equipment	44
5.21 Equations for Flat Oval Ductwork	44
5.22 Pipe Expansion Equations	45

5.23	Steam and Condensate Equations	46
5.24	Steam and Steam Condensate Pipe Sizing Equations	47
5.25	Psychrometric Equations	48
5.26	Swimming Pools	49
5.27	Domestic Water Heater Sizing	49
5.28	Domestic Hot Water Recirculation Pump/Supply Sizing	50
5.29	Relief Valve Vent Line Maximum Length	50
5.30	Relief Valve Sizing	50
5.31	Steel Pipe Equations	53
5.32	English/Metric Cooling and Heating Equations Comparison	53
5.33	Cooling Tower Equations	55
5.34	Motor Drive Formulas	55
PART 6. COOLING LOAD RULES OF THUMB		57
6.01	Offices, Commercial	58
6.02	Banks, Court Houses, Municipal Buildings, Town Halls	58
6.03	Police Stations, Fire Stations, Post Offices	58
6.04	Precision Manufacturing	59
6.05	Computer Rooms	59
6.06	Restaurants	59
6.07	Kitchens (Depends Primarily on Kitchen Equipment)	59
6.08	Cocktail Lounges, Bars, Taverns, Clubhouses, Nightclubs	60
6.09	Hospital Patient Rooms, Nursing Home Patient Rooms	60
6.10	Buildings w/100% OA Systems	60
6.11	Medical/Dental Centers, Clinics, and Offices	60
6.12	Residential	61
6.13	Apartments (Eff., 1 Room, 2 Room)	61
6.14	Motel and Hotel Public Spaces	61
6.15	Motel and Hotel Guest Rooms, Dormitories	61
6.16	School Classrooms	61
6.17	Dining Halls, Lunch Rooms, Cafeterias, Luncheonettes	62
6.18	Libraries, Museums	62
6.19	Retail, Department Stores	62
6.20	Drug, Shoe, Dress, Jewelry, Beauty, Barber, and Other Shops	62
6.21	Supermarkets	63
6.22	Malls, Shopping Centers	63
6.23	Jails	63
6.24	Auditoriums, Theaters	63
6.25	Churches	64
6.26	Bowling Alleys	64
6.27	All Spaces	64
6.28	Cooling Load Calculation Procedure	64
6.29	Cooling Load Peak Time Estimate	66
PART 7. HEATING LOAD RULES OF THUMB		67
7.01	All Buildings and Spaces	68
7.02	Buildings w/100% OA Systems	68
7.03	Buildings w/Ample Insulation, Few Windows	68
7.04	Building w/Limited Insulation, Many Windows	68
7.05	Walls Below Grade (Heat Loss at Outside Air Design Condition)	68
7.06	Floors Below Grade (Heat Loss at Outside Air Design Condition)	69

7.07 Heating System Selection Guidelines	69
7.08 Heating Load Calculation Procedure	69
PART 8. INFILTRATION RULES OF THUMB	73
8.01 Heating Infiltration (15 mph wind)	74
8.02 Cooling Infiltration (7.5 mph wind)	74
8.03 No Infiltration Losses or Gains for Rooms Below Grade or Interior Spaces	74
8.04 Buildings Which Are Not Humidified Have No Latent Infiltration Heating Load	74
8.05 Winter Sensible Infiltration Loads Will Generally Be 1/2 to 3 Times the Conduction Heat Losses (Average 1.0–2.0 Times)	74
PART 9. VENTILATION RULES OF THUMB	75
9.01 Outdoor Air	76
9.02 Indoor Air Quality (IAQ)— <i>ASHRAE Standard 62-1989</i>	77
9.03 Effects of Carbon Monoxide	78
9.04 Toilet Rooms	78
9.05 Electrical Rooms	79
9.06 Mechanical Rooms	80
9.07 Combustion Air	82
9.08 Hazardous Locations	83
PART 10. HUMIDIFICATION RULES OF THUMB	87
10.01 Window Types and Space Humidity Values	88
10.02 Proper Vapor Barriers	88
10.03 Human Comfort	88
10.04 Electrical Equipment, Computers	88
10.05 Winter Design Relative Humidities	88
10.06 Energy Code Winter Design Relative Humidities	88
10.07 Optimum Relative Humidity Ranges for Health	89
10.08 Moisture Condensation on Glass	89
PART 11. PEOPLE/OCCUPANCY RULES OF THUMB	97
11.01 Offices, Commercial	98
11.02 Banks, Court Houses, Municipal Buildings, Town Halls	98
11.03 Police Stations, Fire Stations, Post Offices	98
11.04 Precision Manufacturing	98
11.05 Computer Rooms	98
11.06 Restaurants	98
11.07 Kitchens	98
11.08 Cocktail Lounges, Bars, Taverns, Clubhouses, Nightclubs	98
11.09 Hospital Patient Rooms, Nursing Home Patient Rooms	98
11.10 Hospital General Areas	99
11.11 Medical/Dental Centers, Clinics, and Offices	99
11.12 Residential	99
11.13 Apartments (Eff., 1 Room, 2 Room)	99
11.14 Motel and Hotel Public Spaces	99
11.15 Motel and Hotel Guest Rooms, Dormitories	99
11.16 School Classrooms	99
11.17 Dining Halls, Lunch Rooms, Cafeterias, Luncheonettes	99
11.18 Libraries, Museums	99

11.19	Retail, Department Stores	99
11.20	Drug, Shoe, Dress, Jewelry, Beauty, Barber, and Other Shops	100
11.21	Supermarkets	100
11.22	Malls, Shopping Centers	100
11.23	Jails	100
11.24	Auditoriums, Theaters	100
11.25	Churches	100
11.26	Bowling Alleys	100
PART 12. LIGHTING RULES OF THUMB		101
12.01	Offices, Commercial	102
12.02	Banks, Court Houses, Municipal Buildings, Town Halls	102
12.03	Police Stations, Fire Stations, Post Offices	102
12.04	Precision Manufacturing	102
12.05	Computer Rooms	102
12.06	Restaurants	102
12.07	Kitchens	102
12.08	Cocktail Lounges, Bars, Taverns, Clubhouses, Nightclubs	102
12.09	Hospital Patient Rooms, Nursing Home Patient Rooms	102
12.10	Hospital General Areas	102
12.11	Medical/Dental Centers, Clinics, and Offices	103
12.12	Residential	103
12.13	Apartments (Eff., 1 Room, 2 Room)	103
12.14	Motel and Hotel Public Spaces	103
12.15	Motel and Hotel Guest Rooms, Dormitories	103
12.16	School Classrooms	103
12.17	Dining Halls, Lunch Rooms, Cafeterias, Luncheonettes	103
12.18	Libraries, Museums	103
12.19	Retail, Department Stores	103
12.20	Drug, Shoe, Dress, Jewelry, Beauty, Barber, and Other Shops	103
12.21	Supermarkets	104
12.22	Malls, Shopping Centers	104
12.23	Jails	104
12.24	Auditoriums, Theaters	104
12.25	Churches	104
12.26	Bowling Alleys	104
PART 13. APPLIANCE/EQUIPMENT RULES OF THUMB		105
13.01	Offices and Commercial Spaces	106
13.02	Computer Rooms	106
13.03	Telecommunication Rooms	106
13.04	Electrical Equipment Heat Gain	106
13.05	Motor Heat Gain	107
13.06	Miscellaneous Guidelines	108
PART 14. COOLING LOAD FACTORS		109
14.01	Diversity Factors	110
14.02	Safety Factors	110
14.03	Cooling Load Factors	110
14.04	<i>ASHRAE Standard 90.1-1989</i>	111

PART 15. HEATING LOAD FACTORS	113
15.01 Safety Factors	114
15.02 Heating Load Credits	114
15.03 Heating System Selection Guidelines	114
15.04 <i>ASHRAE Standard 90.1-1989</i>	115
PART 16. ENERGY CONSERVATION AND DESIGN CONDITIONS	117
16.01 <i>The 1989 CABO Model Energy Code</i>	118
16.02 <i>ASHRAE Standard 90A-1980, Energy Conservation in New Building Design</i>	119
16.03 <i>ASHRAE Standard 90A-a-1987, Energy Conservation in New Building Design</i>	122
16.04 <i>ASHRAE Standard 90.1-1989, Energy Efficient Design of New Buildings Except Low-Rise Residential Buildings</i>	123
16.05 Fuel Conversion Factors	132
PART 17. HVAC SYSTEM SELECTION CRITERIA	135
17.01 HVAC System Selection Criteria	136
17.02 Heating System Selection Guidelines	138
PART 18. AIR DISTRIBUTION SYSTEMS	139
18.01 Ductwork Systems	140
18.02 Duct Construction	141
18.03 Kitchen Exhaust Ducts and Hoods	142
18.04 Louvers	144
18.05 Volume Dampers	145
18.06 Fire Dampers	145
18.07 Smoke Dampers	146
18.08 Combination Fire/Smoke Dampers	146
18.09 Smoke Detectors	146
18.10 Sound Attenuators	147
18.11 Terminal Units	148
18.12 Process Exhaust Systems	150
PART 19. PIPING SYSTEMS	153
19.01 Water (Hydronic) Piping Systems	154
19.02 Steam Piping Systems	170
19.03 Refrigerant Systems and Piping	183
19.04 Glycol Solution Systems	189
19.05 Air Conditioning (AC) Condensate Piping	191
19.06 Valves	192
19.07 Expansion Loops	196
19.08 Strainers	196
19.09 Expansion Tanks and Air Separators	197
19.10 Galvanic Action	214
19.11 Piping System Installation Hierarchy (Easiest to Hardest to Install)	214
19.12 <i>ASME B31 Piping Code Comparison</i>	215
PART 20. CENTRAL PLANT EQUIPMENT	225
20.01 Air Handling Units, Air Conditioning Units, Heat Pumps	226
20.02 Coils	228
20.03 Filters	232

20.04	Chillers	237
20.05	Cooling Towers (CTs)	242
20.06	Air Cooled Condensers and Condensing Units (ACCs and ACCUs)	244
20.07	Evaporative Condensers and Condensing Units (ECs and ECUs)	244
20.08	Installation of CTs, ACCs, ACCUs, ECs, and ECUs	244
20.09	Heat Exchangers	245
20.10	Boilers, General	246
20.11	Hot Water Boilers	251
20.12	Steam Boilers	257
20.13	Makeup Water Requirements	264
20.14	Water Treatment and Chemical Feed Systems	265
20.15	Fuel Systems and Types	270
20.16	Automatic Controls	272
PART 21. AUXILIARY EQUIPMENT		281
21.01	Fans	282
21.02	Pumps	289
21.03	Motors	293
21.04	Starters, Disconnect Switches, and Motor Control Centers	312
21.05	Adjustable (Variable) Frequency Drives (AFDs or VFDs)	321
21.06	NEMA Enclosures	322
21.07	Humidifiers	322
21.08	Insulation	323
21.09	Firestopping and Through-Penetration Protection Systems	326
PART 22. EQUIPMENT SCHEDULES		329
22.01	General	330
22.02	Air Balance Schedule	330
22.03	Air Compressors	331
22.04	Air Cooled Condensers	331
22.05	Air Cooled Condensing Units	332
22.06	Air Conditioning Units	332
22.07	Air Filters (Pre-Filters, Filters, Final-Filters)	333
22.08	Air Handling Units—Custom, Factory Assembled, Factory Packaged, or Field Fabricated	334
22.09	Air Handling Units—Packaged	334
22.10	Boilers, Hot Water	335
22.11	Boilers, Steam	335
22.12	Cabinet Unit Heaters	335
22.13	Chemical Feed Systems	336
22.14	Chillers, Absorption	336
22.15	Chillers, Air Cooled	337
22.16	Chillers, Water Cooled	338
22.17	Coils, Direct Expansion (DX)	338
22.18	Coils, Electric	339
22.19	Coils, Steam	339
22.20	Coils, Water	339
22.21	Condensate Pump and Receiver Sets	340
22.22	Convectors	340
22.23	Cooling Towers	341

22.24	Deaerators	341
22.25	Design Conditions	341
22.26	Electric Baseboard Radiation	342
22.27	Electric Radiant Heaters	342
22.28	Evaporative Condensers	342
22.29	Expansion Tanks	343
22.30	Fans	343
22.31	Fan Coil Units	343
22.32	Finned Tube Radiation	344
22.33	Flash Tanks	345
22.34	Fluid Coolers/Closed Circuit Evaporative Coolers	345
22.35	Fuel Oil Tanks	345
22.36	Gas Pressure Regulators	346
22.37	Gravity Ventilators	346
22.38	Heat Exchangers, Plate and Frame	346
22.39	Heat Exchangers, Shell and Tube, Steam to Water (Converter)	347
22.40	Heat Exchangers, Shell and Tube, Water to Water	347
22.41	Heat Pumps, Air Source	348
22.42	Heat Pumps, Water Source	348
22.43	Humidifiers	349
22.44	Motor Control Centers	350
22.45	Packaged Terminal AC Systems	350
22.46	Pumps	351
22.47	Radiant Heaters	351
22.48	Steam Pressure Reducing Valves	351
22.49	Steam Pressure Relief Valve	352
22.50	Sound Attenuators (Duct Silencers)	352
22.51	Terminal Units, Constant Volume Reheat	352
22.52	Terminal Units, Dual Duct Mixing Box	353
22.53	Terminal Units, Fan Powered	353
22.54	Terminal Units, Variable Air Volume (VAV)	354
22.55	Unit Heaters	355
22.56	Water Softeners	355
PART 23. EQUIPMENT MANUFACTURERS		357
23.01	Central Plant Equipment	358
23.02	Air System Equipment and Specialties	359
23.03	Water System Equipment and Specialties	360
23.04	Steam System Equipment and Specialties	362
23.05	Terminal Equipment	363
23.06	Miscellaneous Equipment	363
PART 24. BUILDING CONSTRUCTION BUSINESS FUNDAMENTALS		365
24.01	Engineering/Construction Contracts	366
24.02	Building Construction Business Players	367
PART 25. ARCHITECTURAL, STRUCTURAL, AND ELECTRICAL INFORMATION		371
25.01	Building Structural Systems	372
25.02	Architectural and Structural Information	373

25.03	Electrical Information	374
25.04	Mechanical/Electrical Equipment Space Requirements	374
25.05	Americans with Disabilities Act (ADA)	376
PART 26. CONVERSION FACTORS		379
26.01	Length	380
26.02	Weight	380
26.03	Area	380
26.04	Volume	380
26.05	Velocity	380
26.06	Speed of Sound in Air	381
26.07	Pressure	381
26.08	Density	381
26.09	Energy	381
26.10	Flow	382
26.11	HVAC Metric Conversions	382
PART 27. PROPERTIES OF AIR AND WATER		383
27.01	Properties of Air/Water Vapor Mixtures	384
27.02	Properties of Air	392
27.03	Properties of Water	399
27.04	Glycol Systems	411
PART 28. GENERAL NOTES		413
28.01	General	414
28.02	Piping	416
28.03	Plumbing	418
28.04	HVAC/Sheet Metal	419
28.05	Fire Protection	421
PART 29. APPENDIX A: DUCTWORK		423
29.01	Ductwork Systems	424
PART 30. APPENDIX B: HYDRONIC PIPING SYSTEMS		459
30.01	Hydronic Piping Systems	460
30.02	Glycol Systems	470
30.03	Air Conditioning (AC) Condensate Piping	471
PART 31. APPENDIX C: STEAM PIPING SYSTEMS		473
31.01	Steam Systems	474
31.02	Steam Condensate Systems	520
PART 32. APPENDIX D: PIPE MATERIALS, EXPANSION, AND SUPPORT		701
32.01	Pipe Properties	702
32.02	Pipe Expansion	709
32.03	Pipe Support	716
PART 33. APPENDIX E: SPACE REQUIREMENTS		719
33.01	Space Requirements	720

PART 34. APPENDIX F: MISCELLANEOUS	725
34.01 Airborne Contaminants	726
34.02 Miscellaneous	730
PART 35. APPENDIX G: DESIGNER'S CHECKLIST	747
35.01 Boilers, Chillers, Cooling Towers, Heat Exchangers, and Other Central Plant Equipment	748
35.02 Air Handling Equipment—Makeup, Recirculation, and General Air Handling Equipment	748
35.03 Piping Systems—General	749
35.04 Steam and Condensate Piping	751
35.05 Low Temperature Hot Water and Dual Temperature Systems	752
35.06 Chilled Water and Condenser Water Systems	752
35.07 Air Systems	753
35.08 Process Exhaust Systems	756
35.09 Refrigeration	757
35.10 Controls	758
35.11 Sanitary and Storm Water Systems	759
35.12 Domestic Water Systems	761
35.13 Fire Protection	762
35.14 Natural Gas Systems	763
35.15 Fuel Oil Systems	764
35.16 Laboratory and Medical Gas Systems	765
35.17 General	765
35.18 Architect and/or Owner Coordination	768
35.19 Structural Engineer Coordination	769
35.20 Electrical Engineer Coordination	770